



# PORMPUR PAANTHU NEWS WEEK

Issue 173: Monday 16 October 2023



**Mary G, Mark Bin Bakar and Greg Tate were here in Pormpuraaw last week, to provide workshops to community about “making good choices” such as turning up for work, getting your children to school, eating healthy and not buying sly grog.**

Workshops were held at the Women’s Shelter and for the Men’s Support group, which was at Chapman Beach, as well as for Council and PPAC staff. They also visited the Art Centre, sang with the children at school and joined Sticks on Black Star radio.

On Thursday evening a community event at the club was enjoyed by all. The visit was sponsored by the Pormpuraaw Aboriginal Shire Council’s “Don’t Buy Sly” initiative.





# DEVELOPING YOUNG PEOPLE'S RESILIENCY

COUNSELLING WORKS PROFESSIONAL  
DEVELOPMENT WORKSHOPS

Thu, 26 Oct 2023 - 9:00 AM - 4:00 PM AEST  
Location : RISE training room, Pormpuraaw QLD 4892



- Resilient people bounce back from setbacks or hardships in their lives.
- Identify key strategies that will improve educational / training and employment outcomes for youth.
- Resilience techniques provide a powerful framework for young people to help them to overcome stressors and challenges.

## TOPICS COVERED

- The resiliency framework
- Shifting paradigm
- From damage to strength
- Resiliency protective factors
- Emotional resilience
- Developing internal assets - 5C's of youth development
- Profile of a resilient community
- Strategies to motivate and engage youth
- Behaviour management resiliency strategies
- Mentoring and coaching
- Planning for change

## WHO SHOULD ATTEND DURATION

- Education specialists
- Youth workers
- Case managers



Presented by  
**Marina Bakker**  
Counselling Works

Marina has dedicated more than 15 years of her career to working in indigenous affairs, education, and communities. Her extensive experience in these areas has made her a valuable resource and advocate for indigenous communities and educational initiatives. Throughout her career, Marina has developed a profound understanding of the distinctive challenges and opportunities within these fields. She remains committed to supporting and advocating for the advancement of the well-being and resilience development of indigenous communities and individuals, contributing significantly to the betterment of these communities and the promotion of social equity.



*\* Relevant staff from other organisation are welcomed to join this workshop.*



**COUNSELLING WORKS**  
1300 157 647

## TO REGISTER INTEREST IN THIS WORKSHOP

Phone: 1300 157 647  
Email: [info@counsellingworks.com.au](mailto:info@counsellingworks.com.au)  
[www.counsellingworks.com.au](http://www.counsellingworks.com.au)

# Pormpur Paanthu Aboriginal Corporation



22-23 Yalu St, Pormpuraaw, QLD 4892  
Phone: 07 4060 4260 Fax: 07 4060 4280

## PPAC offers:

- Domestic violence and drug and alcohol preventative education, counselling, advocacy and support for families
- Social emotional wellbeing services
- Family wellbeing services
- Other Social Services
- Men's Support Services
- Women's Group activities
- Youth activities & Student Re-engagement Service
- Outside School Hours Care services
- Vacation Care activities
- Child Care services (Long Day Care)
- Playgroup
- Night Patrol (Contact: 0474464688)
- NDIS Services
- Women's Shelter services (Maantchangk Women's Shelter is open 52 weeks a year with 7 days a week on-call service)

Have you got your Tax File Number or Blue Card? 😊



**Only ages 15-24**

Come to the HALL every MONDAY and WEDNESDAY 11.00am to 12.00pm so we can help you with the forms! PPAC can also assist you with the payments.

**DON'T MISS OUT ON THIS AMAZING OPPORTUNITY !!**



*Pic by Christine Howes*

*This was our amazing team of PPAC staff, local RISE, CEQ, QPS and Apunipima staff and visitors - so many visitors - all in town to support our youth during this year's PPAC Youth Summit. There are pics up on our Facebook page, and more to come!*

**ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY**